










Cost:
Breakfast \$0.95 **Adult/Non MES student breakfast** \$1.90
Student Lunch \$2.20 **Milk Only** \$0.50
Break/lunch Reduced Meal \$3.00/40 **Juice** \$0.30
Adult Lunch \$4.40 **(Milk Included in all lunches)**

March 2010
Breakfast/Lunch Menu

BREAKFAST: 7:15 – 7:45 A.M.
 NOTE: MENU SUBJECT TO CHANGE

Mon	Tue	Wed	Thu	Fri
1 Breakfast: Chilled Orange Juice, W.W. Pancake, Asst. Syrups, Breaded Chicken Dog Lunch: Grilled Chicken Nuggets, Steamed Rice, Garden Salad, Peaches, W.W. Roll Gr 3 - C	2 Breakfast: Chilled Applesauce, Pizza Pocket, Cinnamon Toast Lunch: Cheese Burger, Shredded Lettuce, Tomato, Potato Rounds, Orange Wedge Gr 2 - B	3 Breakfast: Hash Brown, Denver Wrap Lunch: Braised Beef Stew, Steamed Rice, Pineapple Chunks, Buttered Biscuit, Macaroni Salad Gr 1 - A	4 Breakfast: Chilled Dice Pears, Bagel (half) w/ Guava Cream Cheese Lunch: Bake Tuna Cheese Casserole, Garden Salad, Normandy Vegetable, Apple Wedge, French Roll Gr K - K	5 
8 Breakfast: Chilled Fruit Cocktail, Breakfast Sandwich Lunch: Spanish Green Beans, Steamed Rice, Caesar Salad, Dice Pears, Buttered Cornbread I/SPED	9 Breakfast: Chilled Apple Juice, Portuguese Sausage, Steamed Rice, Scramble Egg Lunch: Grilled Teriyaki Chicken Patty on W.W. Bun, Shredded Lettuce, Garden Vegetables, Seasoned Potato Wedge, Orange Wedge Gr 6 - Artic	10 Breakfast: Fresh Banana, Cereal (Oat Loop), w/ Raisin or Blueberry, Turkey Links Lunch: Bake Spaghetti, Garden Salad, Peaches, Garlic Bread Gr 6 - Teen Biz	11 Breakfast: Chilled Peaches, Pancake Sausage on Stick, Cinnamon Toast Lunch: Kalua Pork, Steamed Rice, Lomi Lomi Tomato, Sweet Potato, Fresh Pineapple, Taro Rolls Gr 5 - Artic	12 
15 	16 	17 	18 	19 
22 Breakfast: Chilled Dice Pears, W.W. Pancake (2), Asst. Syrups Lunch: Bake Beans & Franks, Steamed Rice, Corn Niblets, Apple Wedge, W.W. Roll Gr 4 - Artic	23 Breakfast: Fresh Apple Wedge, Steamed Rice, Breaded Chicken Dog w/ Gravy Lunch: Soft Shell Taco, Shredded Lettuce, Dice Tomatoes, Potato Rounds, Peaches, Salsa/Sour Cream Gr 3 - Artic	24 Breakfast: Chilled Grape Juice, Portuguese Sausage, Steamed Rice, Scramble Egg Lunch: Oriental Chicken Stir Fry w/ Vegetables, Steamed Rice, Fruit Cocktail, W.W. Roll Gr 6 - Teen Biz	25 Breakfast: Chilled Peaches, Ham Melt on English Muffin Lunch: Cold Deli Turkey Sandwich on W.W. Bun, Shredded Lettuce, Tomato, Slice Apple Crisp Gr 2 - Artic	Kuhio Day Holiday 26 
29 Breakfast: Chilled Applesauce, W.W. French Toast, Super Syrup, Pork Sausage Patty Lunch: Breaded Chicken Patty on Onion Gravy, Whipped Potatoes, Mixed Vegetables, Pineapple Chunks, W.W. Roll Gr 1 - Artic	30 Breakfast: Chilled Pineapple Tidbits, Fresh Bake Banana Bread, Breaded Chicken Patty Lunch: Bake Ham & Cheese Casserole, Garden Salad, Fruit Cocktail, W.W. Roll Gr K - Artic	31 Breakfast: Chilled Cinnamon Apple Slices, Cereal (Rice Krispies) Cinnamon ½ Bun Lunch: Chicken Sticks w/ BBQ Sauce, Steamed Rice, Garden Vegetables, Peaches, W.W. Roll Gr 6 - F	Eat School Lunch!!! 	Eat School Lunch!!! 